Kate Tapper

Leadership Coach



Your inner voice is your most powerful coach.

My mission is to help you hear it.

WHY COACHING?

You are bringing people together, keeping them going through challenging times. You need to be responsive rather than reactive and to inspire confidence and courage. This is no easy task. Coaching provides a space for you to unburden, restore your focus and develop the inner strength you need for this journey.

WHO DO I COACH?

I work with leaders who care about making a difference. This includes senior leaders who are changing their organisations and emerging leaders who are starting to play bigger. Wherever you are in your career, I meet you there. My areas of expertise include:

- Overcoming self-doubt and imposter syndrome find your voice, your vision and your courage.
- Overwhelmed leaders find agency, without fixing everything or giving up.
- Compassionate resilience for you, your team and your organisation.

HOW DO I WORK?

In our work together I bring my whole mind and whole heart. You can expect insightful challenge, intuitive wisdom, creative inspiration and compassionate support. You will experience deep acceptance that allows you to reimagine success, reimagine leadership and best of all, find ways to let it be easy. You will have space here to grow. Together we:

- Get clear about the outcomes you want
- Make sense of what is going on now
- Find new ways to think and new ways to be
- Uncover your unique strengths and values
- Clarify your vision and how you want to achieve it.

"I found working with Kate to be liberating. It felt like having an oasis to retreat to, amidst a storm! I was able to hear 'the unsaid' in myself and unravel internal conflict. I felt understood, challenged and supported all at once." Senior Leader, NHS

BACKGROUND AND ACCREDITATION

I have worked with hundreds of leaders in education, healthcare, creative industries and engineering. Alongside coaching I have led highly successful national and regional leadership programmes and partnered with organisations and teams. I have always been passionate about supporting people to do more than they think they can. I worked in schools and universities before establishing my own consultancy in 2008. I am trained and accredited by the Academy for Executive Coaching and a member of the International Coach Federation. My clients include University College London, Kings College London, University of Oxford, University of South Wales, GW4 Alliance, NMITE, Satore Studio, British Tinnitus Association, NHS, Vitae and Advance HE.

"I cannot over emphasise how life affirming, and life changing this experience has been. Highly recommended."

Divisional Head, Healthcare Provider

CONTACT ME



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Call me on 07435 970 284. Or book a call at buddevelopment.co.uk



Connect with me on LinkedIn. Search Kate Tapper.