

B:ACTIVE

SOCIAL FITNESS AND SPORT
EXCLUSIVELY FOR STUDENTS.

B:Active is a programme of free group fitness and social sport sessions for students of all abilities. No membership required!

📷 @BRISTOLUNIBACTIVE

MON	TUES	WED	THUR	FRI	SAT	SUN
PILATES 12.00-12.45 MANOR HALL (JA)	YOGA 08.15-09.00 Studio 3 (MV)	PILATES 8.15-9.00 BSU (JA)	CARDIO TENNIS 12.15-13.00 COURTS (INSTRUCTOR)	YIN YOGA FOR HAPPINESS 08.00-09.00 STUDIO 3 (CT)	TENNIS SKILLS 11.30-13.00 WILLS COURTS	CARDIO TENNIS 10.30-11.15 SPORTS HALL
PILATES 16.15-17.00 STUDIO 3 (JA)	PUNK ROCK AEROBICS 10.00-11.00 STUDIO 3 (CB)	FULL BODY FITNESS 08.30-09.30 HIATT BAKER (CD)	TENNIS FOR ALL 13.00-14.00 COURTS (INSTRUCTOR)	YOGA 08.00-09.00 MANOR HALL (CG)	WOMEN ONLY MMA 11.30-13.00 BSU (CLUB)	TENNIS FOR ALL 11.30-13.00 WILLS COURTS
SOCIAL VOLLEYBALL 16.30-17.30 SPORTS HALL (CLUB)	ULTIMATE FRISBEE 16.00-17.00 SPORTS HALL	SWIM FOR FITNESS 09.00-11.00 POOL	SOCIAL BASKETBALL 14.30-15.30 SPORTS HALL (CLUB)	PILATES 10.30-11.15 HIATT BAKER (MV)	WOMEN ONLY SWIM 12.15-13.15 POOL (LANES)	SOCIAL BASKETBALL 20.00-21.00 SPORTS HALL (CLUB)
SOCIAL VOLLEYBALL 17.30-18.30 SPORTS HALL (CLUB)	BARRE FITNESS 16.00-16.45 MANOR HALL (MC)	BOXERCISE 12.00-13.00 HIATT BAKER (CD)	PICKLEBALL 15.30-16.30 SPORTS HALL	HULA HOOP DANCE & TRICKS 12.00-13.00 STUDIO 3 (NT)	LGBTQ+ SWIM 13.30-14.30 POOL (LANES)	
KARATE 18.30-19.30 STUDIO 3 (SR)	CHEER FITNESS 17.00-18.00 STUDIO 3	SOCIAL SWIM 13.00-14.00 POOL	BOXERCISE 16.00-17.00 STUDIO 3	FITNESS PILATES 14.00-15.00 STUDIO 3 (MC)		
	WOMEN'S FOOTBALL 17.00-18.30 SPORTS HALL	NORDIC WALKING 14:00-15:00 NORTH VILLAGE (KA)	WOMEN'S FUTSAL 16.30-18.00 SPORTS HALL	SOCIAL BADMINTON 16.30-17.30 SPORTS HALL (CLUB)		
	CARNIVAL FITNESS 18.00-19.00 HIATT BAKER (PILO)	SWIM SKILLS 18.00-19.00 POOL (INSTRUCTOR)	CARNIVAL FITNESS 18.00-19.00 MANOR HALL (PILO)			
		CARNIVAL FITNESS 19.30-20.30 STUDIO 1 (PILO)	TENNIS SKILLS 19.00-20.00 COURTS (INSTRUCTOR)			



LOCATIONS & MEETING POINTS

STUDIO 1,2,3 / SPORTS HALL - Indoor Sport Centre (BS8 1TP)
 POOL - Swimming Pool, Bristol SU (BS8 1LN)
 BSU - Carpenter Room, Bristol SU (BS8 1LN)
 COURTS - Outdoor Courts, Coombe Dingle Sports Complex (BS9 2BJ)
 HIATT BAKER - Hiatt Baker Dining Hall (BS9 1AD)
 MANOR HALL - Great Hall, Manor Hall (BS8 1BU)
 WILLS COURTS - Wills Hall Tennis Courts 1&2 (BS9 1AE)

INSTRUCTORS

CB - Charlie Berg | CD - Craig Dark | CG - Caroline Gill | CT - Cat Taylor
 JA - Jane Alker Stone | MC - Marcia Coles | MV - Miri Volger | NT - Nati Tuppen
 PILO - Piloxercise | SR - Stefano Ronchi | CLUB - Student club.