

ACTIVE FOR LIFE



SCHOOL NEWSLETTER

60 Schools Successfully Recruited!



Recruitment has now closed for the Active for Life Year 5 study with 60 schools successfully recruited! 47 schools are from Bristol and 13 from North Somerset. This means that your school is taking part in one of the biggest projects of its kind to take place in this area; a very exciting prospect! The 60 schools give us an approximate student population of 2500 children, this is far greater than originally anticipated and will serve to make the results of the study even more credible.



Baseline Measurements Underway

Between May & July 2011 the AFLY5 fieldworkers carried out baseline measurements in 29 schools in Bristol. A great big **THANK YOU** to all those schools that cooperated with us during this time, allowing us to visit, revisit, and often revisit again to chase up absentees. Between September and October the remaining 31 schools will be visited for baseline measurements. The fieldworkers will use the first few weeks in September to chase up the small number of children from the first set of schools that were not measured last term, your cooperation during this period is greatly appreciated.



For schools that will be having their first visits from us this term, please be reminded that we need a class list in advance of our visit. This list needs to contain the names of all the children in year 5, their gender, DoB, ethnicity and postcode. Please do not include the names of children that have been opted out by their parents. To submit a class list or to check whether your school has any opt outs, please email: afly5-scm@bristol.ac.uk or telephone 0117 331 4011 for further advice.

New Pupils If you have had any new pupils in your Year 5 group since sending out the parent information packs before the summer, please let us know as soon as possible. In order for these new children to participate in the measurements, we will need to send out the information pack to their parents in advance of our visit to your school. The same applies to the end of year 5 measurements; any new pupils that join during year 5 can be included in these, provided we have been informed of them and have provided their parents with the information pack, thus giving them the opportunity to opt out.



Active for Life Year 5 Training Days Scheduled

Schools that undertook baseline measurements during the Summer term, have now been told of their allocation. All Year 5 teachers in schools randomly allocated to the '**intervention**' arm of the study must complete the 1 day training. We are also suggesting that if a LSA will be teaching some of the AFLY5 lessons, that they attend the training too. Those that have been allocated to '**Intervention**' will attend training on either Tuesday 27th Sept or Monday 3rd Oct.

For schools undertaking baseline measurements during September/October, you will be told of your allocation at the end of the measurement period. Schools that have been allocated to '**Intervention**' will attend training on either Tuesday 15th November or Thursday 17th November.

Schools that are randomly allocated to '**control**' will be offered the Active for Life training and all teaching materials in September 2013, after the last follow-up measurements have been completed. All schools will be kept up to date with results and news through newsletters.

