

Do you have a child under 12 who has eczema?

Would you like to try to improve the treatment of eczema?

If so, the BEE study needs you!



BEE Best Emollient
for Eczema

Best Emollient for Eczema Study

Doctors and researchers from the Universities of Bristol, Nottingham and Southampton want to find out which moisturisers are best for treating children with eczema. Your GP practice is supporting this study.

There is more information about our study on the back of this flyer. If you are interested in taking part or would like to find out more, please contact the Trial Manager, Ms Sian Wells.

For more information:

Tel: 0117 928 7308

email: bee-study@bristol.ac.uk

www.bristol.ac.uk/bee-study

 [@bee_study](https://twitter.com/bee_study)

In collaboration with:



What's the study about?

- What is the effectiveness of different moisturisers (or emollients) used to treat eczema?
- Do parents and children like some emollients better than others?

Why does this matter?

- Effective moisturising is a very important part of eczema treatment
- There are many different moisturisers available and we don't know which one is best

What would taking part involve?

- Agreeing to use 1 of 4 types of emollient (a lotion, cream, gel or an ointment) as the main moisturiser for your child for 16 weeks. Because this is a research study, it is not possible to choose which one you are prescribed
- You and your child will meet with the study researcher twice over 4 months:
 - When? At the start and then 4 months into the study, at a place/time convenient to you
 - What happens? Assessments of eczema severity (by looking at your child's skin) and answering some questions about your child and family
 - How long? 15-30 minutes each time
- Completing a short weekly diary about your child's symptoms and treatments for 16 weeks, then monthly until 12 months (either online or on paper)
- Some people may also be asked if they would like to be interviewed by another researcher about their experience with the study and emollient, but it is your choice if you want to do this

Why should we take part?

- This study will help us better understand the effectiveness of different types of moisturiser and the ones patients like best, which will help doctors to treat patients better and guide future research
- The emollients being studied are commonly prescribed by GPs every day
- Many patients in this type of study benefit from the additional attention and advice they receive, and you will continue to receive the same care from your GP

Do we have to take part?

- No, and you will be free to withdraw from the study at any time

Who is funding the study?

- This is independent research funded by the National Institute for Health Research (part of the NHS), through a funding route called "Health Technology Assessment"

Who has approved the study?

- An independent Research Ethics Committee (South West – Central Bristol Research Ethics Committee ref: REC: 17/SW/0089)
- The Medicines and Healthcare products Regulatory Agency

If you are interested in the BEE study, please go to our website or contact us (details on the front). We will then send you more information and arrange an appointment.