



Hi!
I am Dr P.
I'm here to tell you
how it works
and
what I do to help.

Young and old, everyone drinks cold and hot beverages during the day...



And every now and then, we need to pee.

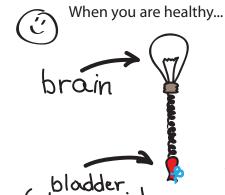
Normal thing.

TOILET — pee decision

works:

This is how the

## By Dominika Bijos



...and it all works as it should...

...the bladder gets fuller,



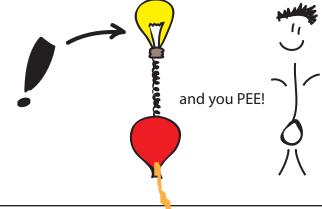
...you don't think about it.

...the bladder gets fuller,



Until the moment when you do:

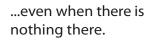
overactive.



But if something goes wrong...



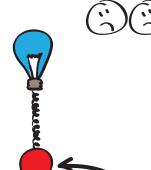
(we don't always know why it goes wrong) ...you think you should pee...



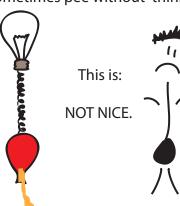


Or you think even more often about it...



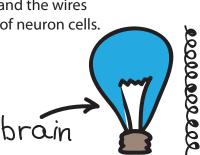


You can sometimes pee without thinking.

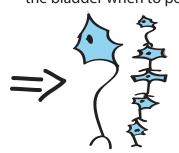


The way it works is:

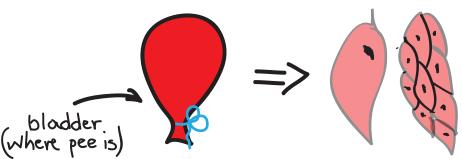
the brain and the wires are made of neuron cells.



Brain neuron cells send signals via the wires to tell the bladder when to pee.



The urinary bladder is made of muscle cells. Muscle cells contract and thus we pee.

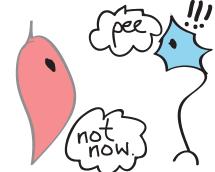


So it is all about communication and understanding.

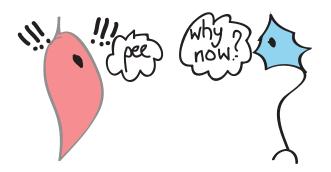
Healthy muscles and neurons talk to each other nicely:



If neurons say too much and too often then muscles get confused:



But if muscles just contract that makes no sense either:

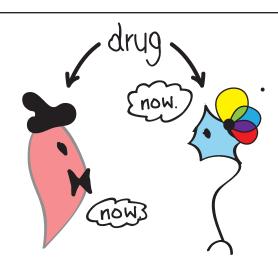


I work on how these two talk to each other.



I test new drugs, which change what cells say.

I look at the effects on the cells, on what they do and how they talk to each other.



And when they do: we can all drink to celebrate!



And not think about anything pee related!

Until we wish to do so!

