

Tobacco and Alcohol Research Group

June Newsletter 2021

COVID-19 Update:

Following Government guidance, University of Bristol staff are continuing to work from home unless it is essential to their role that they come to campus.

However, our studies are continuing to operate remotely or online. Please refer to individual study adverts below for more information.

Our priority is to ensure you stay safe and healthy, and thank you for bearing with us as we find ways to continue our research, without risking your health.

All Current Studies

We are always looking for more participants to volunteer to be part of our studies.

[Click here for all current studies](#)

Click the button above to find full details of each study on our website, including how to contact the relevant researcher for more information or to sign up as a new participant. Please be aware that unless otherwise stated, you must be aged 18 or over to take part.

You can also see a summary of our current studies below.

Financial reimbursement for your participation

All studies reimburse for your time, mostly at around £7-£12/hr. This does vary depending on the nature of each study, the time commitment required and the funding source so please ask the researcher for details when signing up.

Alcohol Studies



The following studies require participants who drink alcohol.

The impact of media on drink enjoyment

Who can participate? 18 to 40 years old, in good physical and psychiatric health, English as first language or equivalent level of fluency, drink at least one alcoholic drink a week and enjoy drinking lager. You would **NOT** be able to take part in the study if you: drink alcohol with 24 hours of the study sessions (confirmed by breath test), are pregnant or breastfeeding, or have a personal or family history of alcoholism.

Duration: One test session lasting approximately 40 minutes.

Contact: Laura Brocklebank (laura.brocklebank@bristol.ac.uk)

Find out more: Click [here](#) to go to the full information page.

Smoking and E-Cigarette Studies



The following studies require smokers and/or e-cigarette users to take part.

Exploring the opinions and potential impact of unflavoured e-liquid on smoking cessation among smokers and smoking relapse among e-cigarette users

Who can participate? Adults aged 18 or over, who have no known allergies to e-liquid ingredients, and are a daily smoker*. **Please note that we are now mainly looking for smokers who smoke at least 20 cigarettes per day.**

*In order to take part as a smoker, you must also:

- Have smoked 5 or more cigarettes per day for the last 3 or more months
- Not be currently attempting to quit (i.e., not currently using nicotine replacement products or in active smoking cessation treatment), and not currently using an e-cigarette

Duration: The experiment will take roughly 5 hours in total, but you will be able to go about your daily routine for 4 hours during this time while you are asked to use the e-cigarette and e-liquid provided.

Contact: Jasmine Khouja (jasmine.khouja@bristol.ac.uk)

Find out more: Click [here](#) to go to the full information page.

Effects of acute smoking on health-related biomarkers

Who can participate? Non-dependent smokers (defined as smoking at least 5 cigarettes per month, but not every day) aged 18-50 who have English as first language or equivalent level of fluency, are in good physical and psychiatric health.

Duration: Two sessions, on days one week apart. At the first session, you will attend the lab for a 15 minute session between 12pm and 3pm. You will then leave the lab for 3 hours and smoke several cigarettes (we will let you know how many). You will then return to the lab for a 30-min session between 3pm and 6pm. At the second session, you will abstain from smoking or using nicotine for at least 12 hours prior to your session and attend the lab for a 30 minute session between 3pm and 6pm.

Contact: Jennifer Ferrar (jennifer.ferrar@bristol.ac.uk)

Find out more: Click [here](#) to go to the full information page.

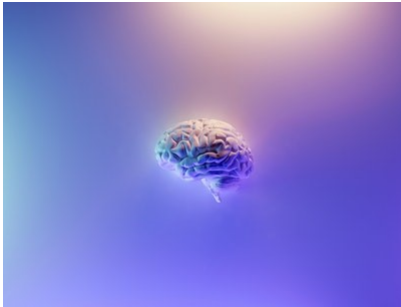
Recreational Drugs Studies



New dataset: Registered reports funding models: a feasibility study



New dataset: Online experimental medicine study of emotional bias training in participants taking SSRIs



New dataset: Online experimental medicine study of emotional bias training in healthy participants



Impact Project Award for work on e-cigarette flavours

[More news](#)

TARG Publications

A selection of recent publications by members of TARG.

Effects of Electronic Cigarette E-Liquid Flavouring on Cigarette Craving

By Maddy Dyer, Jasmine Khouja, Abigail Jackson, Michelle Havill, Martin Dockrell, Marcus Munafò and Angela Attwood.

[Full text available here](#)

Maternal and child genetic liability for smoking and caffeine consumption and child mental health: an intergenerational genetic risk score analysis in the ALSPAC cohort

By Laura Schellhas, Elis Haan, Kayleigh Easey, Robyn Wootton, Hannah Sallis, Gemma Sharp, Marcus Munafò and Luisa Zuccolo.

[Full text available here](#)

Psychosis-like experiences and cognition in young adults: an observational and Mendelian randomisation study

By Caroline Skirrow, Steph Suddell, Liam Mahedy, Ian Penton-Voak, Marcus Munafò and Robyn Wootton.

[Full text available here](#)

Dissolving yourself in connection to others: shared experiences of ego attenuation and connectedness during group VR experiences can be comparable to psychedelics

By David Glowacki, Rhoslyn Roebuck Williams, Olivia Maynard, James Pike, Rachel Freire, Mark Wonnacott and Mike Chatziapostolou.

[Full text available here](#)

Health warning labels and alcohol selection: a randomised controlled experiment in a naturalistic shopping laboratory

By Natasha Clarke, Anna Blackwell, Katie De-loyde, Emily Pechey, Alice Hobson, Mark Pilling, Richard Morris, Theresa Marteau and Gareth Hollands.

[Full text available here](#)

Emotional bias training as a treatment for anxiety and depression: evidence from experimental medicine studies in healthy and medicated samples

By Steph Suddell, Maren Müller-Glodde, Jim Lumsden, Chung Yen Looi, Kiri Granger, Jennifer Barnett, Oliver Robinson, Marcus Munafò and Ian Penton-Voak.

[Full text available here](#)

Using Mendelian randomization analysis to better understand the relationship between mental health and substance use: a systematic review

By Jorien Treur, Marcus Munafò, Emma Logtenberg, Reinout Wiers and Karin Verweij.

[Full text available here](#)

Tackling smoker misperceptions about e-cigarettes using expert videos

By Madeleine Svenson, James Green and Olivia Maynard.

[Full text available here](#)

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Check out our YouTube page for educational videos and talks.



Thank you for reading, see you next month.
Yours, TARG.