

## Tobacco and Alcohol Research Group

January Newsletter 2021

### COVID-19 January Lockdown update:

Under the [new national lockdown](#) which took effect on Tuesday 5 January, University of Bristol staff are continuing to work from home unless it is essential to their role that they come to campus.

**However, our studies are continuing to operate remotely or online. Please refer to individual study adverts below for more information.**

Our priority is to ensure you stay safe and healthy, and thank you for bearing with us as we find ways to continue our research, without risking your health.

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## Current Studies

We are always looking for more participants to volunteer to be part of our studies.

[Click here for all current studies](#)

Click the button above to find full details of each study on our website, including how to contact the relevant researcher for more information or to sign up as a new participant. Please be aware that unless otherwise stated, you must be aged 18 or over to take part.

You can also see a summary of our current studies below.

## Financial reimbursement for your participation

All studies reimburse for your time, mostly at around £7-£12/hr. This does vary depending on the nature of each study, the time commitment required and the funding source so please ask the researcher for details when signing up.

## Request for Unpublished Studies

**TARG member Thea House is conducting a systematic review on the following research question:**

*Is body dissatisfaction related to an attentional bias towards low fat bodies in non-clinical female populations?*

To answer this question, Thea is looking for unpublished studies, including theses, dissertations, conference proceedings, studies in progress, and more. You can find more details in the review protocol here: <https://osf.io/5y9w8/>

If you think your unpublished data can be included in this review, please email Thea House with a full text or the details required for data extraction (see page 6 of the protocol).

**Contact:** [Thea House](#)

## Alcohol Studies

The following studies require participants who drink alcohol.  
Click each study title to find out more.



### [The impact of media on drink enjoyment](#)

**Who can participate?** 18 to 40 years old, in good physical and psychiatric health, English as first language or equivalent level of fluency, drink at least one alcoholic drink a week and enjoy drinking lager. You would **NOT** be able to take part in the study if you: drink alcohol with 24 hours of the study sessions

(confirmed by breath test), are pregnant or breastfeeding, or have a personal or family history of alcoholism.

**Duration:** One test session lasting approximately 40 minutes.

**Contact:** [Laura Brocklebank](#)

## Smoking Studies

The studies below require smokers to take part.  
Click each study title to find out more.



### [Passive detection of cigarette smoking using wearable technology](#)

**Who can participate?** Daily smokers (smoking at least 10 cigarettes a day) who smoke with their right hand, have no mobility issues affecting the use of their right arm or right hand, and have no food allergies or intolerances.

**Duration:** The study will involve an online session of approximately 30 minutes to familiarise you with the smartwatch system, wearing the smartwatch system for 24 hours, and a brief online survey.

**Contact:** [Chris Stone](#)

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### [Effects of acute smoking on health-related biomarkers](#)

**Who can participate?** Non-dependent smokers (defined as smoking at least 5 cigarettes per month, but not every day) aged 18-50 who have English as first language or equivalent level of fluency, are in good physical and psychiatric health.

**Duration:** Two sessions, on days one week apart. At the first session, you will attend the lab for a 15 minute session between 12pm and 3pm. You will then leave the lab for 3 hours and smoke several cigarettes (we will let you know how many). You will then return to the lab for a 30-min session between 3pm and 6pm. At the second session, you will abstain from smoking or using nicotine for at

least 12 hours prior to your session and attend the lab for a 30 minute session between 3pm and 6pm.

**Contact:** [Jennifer Ferrar](#)

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### [Effects of nicotine challenge on eating topography in non-dependent smokers](#)

**Who can participate?** Non-dependent smokers (defined as smoking at least 5 cigarettes per month, but not every day) aged 18-50 who have English as first language or equivalent level of fluency, are in good physical and psychiatric health, like and not allergic to pasta in tomato sauce, Parmesan cheese or apple juice, and able to attend two sessions approximately one week apart.

**Duration:** Two sessions of 60 minutes each, 1 week apart.

**Contact:** [Jasmine Khouja](#)

## Recreational Drug Use Studies

The following studies require users of recreational drugs.  
Click each study title to find out more.



### [Drug education evaluation](#)

**Who can participate?** We are recruiting University of Bristol students who have engaged with Bristol Drug Project's The Drop.

**Duration:** If you have redeemed a reagent testing kit as part of the scheme, we will ask you to complete a short questionnaire with each use of the kit. Regardless of whether you have used the reagent test kit, we will ask you to complete a one-month follow up questionnaire.

**Contact:** [Daniel Foster](#)

## Studies Recruiting Children

The following studies require children to take part.  
Click each study title to find out more.



### [Children's experience completing computer tasks that measure brain function](#)

**Who can participate?** Children aged 7-11 years old who are in good physical and mental health, have English as their first language (or equivalent level of fluency) and who do not have an uncorrected visual or auditory impairment that would affect their ability to complete tasks on a computer.

**Duration:** Approximately 1 hour.

**Contact:** [Jennifer Ferrar](#)

## TARG News

Below is a selection of recent news stories relating to members of TARG.  
Please click the title to read the full news item.



[A pharmacy resolution for 2021: let's improve the way patients with addiction are treated](#)



SRNT

[Olivia Maynard elected to the SRNT Board of Directors](#)



TARG's Mobile Laboratory out in the field

[Click here for more TARG news](#)

## TARG Publications

Below is a selection of the most recent publications by members of TARG.

### [Comorbidity of self-harm and disordered eating in young people: Evidence from a UK population-based cohort](#)

Warne, N., Heron, J. E., Mars, B., Moran, P. A., Stewart, A., Munafo, M. R., Biddle, L. A., Skinner, A. L., Gunnell, D. J. & Bould, H. E., 1 Mar 2021, In : Journal of Affective Disorders. p. 386-390 5 p.

### [Examining the bidirectional association between emotion recognition and social autistic traits using observational and genetic analyses](#)

Reed, Z. E., Mahedy, L., Jackson, A. R., Davey Smith, G., Penton-Voak, I. S., Attwood, A. S. & Munafo, M. R., 4 Jan 2021, (Accepted/In press) In : Journal of Child Psychology and Psychiatry.

### [Maternal Prenatal Mood, Pregnancy-Specific Worries, and Early Child Psychopathology: Findings From the DREAM BIG Consortium](#)

Szekely, E., Sallis, H., Pearson, R. M., Evans, J., Wazana, A. & al., E., 1 Jan 2021, In : Journal of the American Academy of Child and Adolescent Psychiatry. 60, 1, p. 186-197 12 p.

### [Views about integrating smoking cessation treatment within psychological services for patients with common mental illness: A multi-perspective qualitative study](#)

Taylor, G. M. J., Sawyer, K., Kessler, D., Munafo, M. R., Aveyard, P. & Shaw, A., 23 Dec 2020, In : Health Expectations.

### [Mendelian randomisation with coarsened exposures](#)

Tudball, M. J., Bowden, J., Hughes, R., Ly, A., Munafo, M. R., Tilling, K. M., Zhao, Q. & Davey Smith, G., 16 Dec 2020, (Accepted/In press) In : Genetic Epidemiology. 19 p.

### [A cost-effectiveness analysis of smoking cessation interventions in the UK accounting for major neuropsychiatric adverse events](#)

Keeney, E., Welton, N. J., Stevenson, M., Dalili, M. N., Lopez-Lopez, J. A., Caldwell, D. M., Phillippo, D. M., Munafo, M. R. & Thomas, K. H., 5 Dec 2020, (Accepted/In press) In : Value in Health.

[Click here for more TARG publications](#)

## Other Ways to Engage

By following us on Facebook and Twitter you can be part of the conversation and engage with our researchers directly, or view our educational videos on YouTube:



Thank you for reading, see you next month.  
Yours, TARG.