



YOUNG PEOPLE (12–15 YRS) INFORMATION SHEET

The FLASH Study (flash glucose monitoring in children and young people with type 1 diabetes). You are being invited to take part in a study about FreeStyle Libre.

Why have I been asked to take part?

We are asking you to take part because you have type 1 diabetes.

Do I have to take part?

You do not have to take part in this study. It is up to you. Your parents or your carers can help you decide. You can stop at any time. If you decide you don't want to take part that's okay, no one will mind.

Why are we doing this study?

We want to know what is good or bad about FreeStyle Libre. You might use FreeStyle Libre or you might have decided not to use it, we would just like to know what you think. There are no right or wrong answers.

We want to ask for your help in a project that we are doing. This piece of paper explains a bit about the project. If there is anything that you want to know or do not understand please ask us or your parents or carers.

What will happen if I take part?

- We would like to talk to you by video call using a computer, tablet (iPad), or by phone.
- Your Mum, Dad or carer can help you tell us what you think.
- You can choose to have the video option switched on or off.
- We would like to record what we talk about (just our voices, not a video recording). This will help us remember what you and your parent/carer tell us.
- We will verbally go through an assent form with you and your parent to check that you agree to take part.
- We think the video call will last about 30 minutes, but you can stop whenever you want.
- If you say yes now, you can change your mind later.

What might be hard about taking part?

If you find talking about Freestyle Libre hard you can stop whenever you want. If you get upset, we will make sure someone helps you e.g. your mum, dad, carer, or a doctor/nurse.

What are the good things about taking part?

Some young people like taking part in research because they know it might help others in the future.

What will happen to the information about me?

All the information you tell us will be kept private. Your name will be replaced by a number on the documents we keep about you so that you cannot be identified from them.

We will look at all the information you and other young people have given us and write about it so that doctors and researchers can help other young people with type 1 diabetes.

What if there is a problem?

We will try and help with any problems you may have. If you get upset, we will make sure someone helps you e.g. your mum, dad, carer or a doctor/nurse.

Who is organising and funding the research?

This study is being carried out by researchers at the University of Bristol. The work is funded by the National Institute for Health Research (NIHR), Research for Patient Benefit, NIHR201085.

The University of Bristol has arranged insurance to cover the legal liability of the University as Research Sponsor in the eventuality of harm to a research participant arising from management of the research by the University. This does not in any way affect an NHS Trust's responsibility for any clinical negligence on the part of its staff (including the Trust's responsibility for University of Bristol employees acting in connection with their NHS honorary appointments).

**THANK YOU FOR READING
THIS LEAFLET.**