

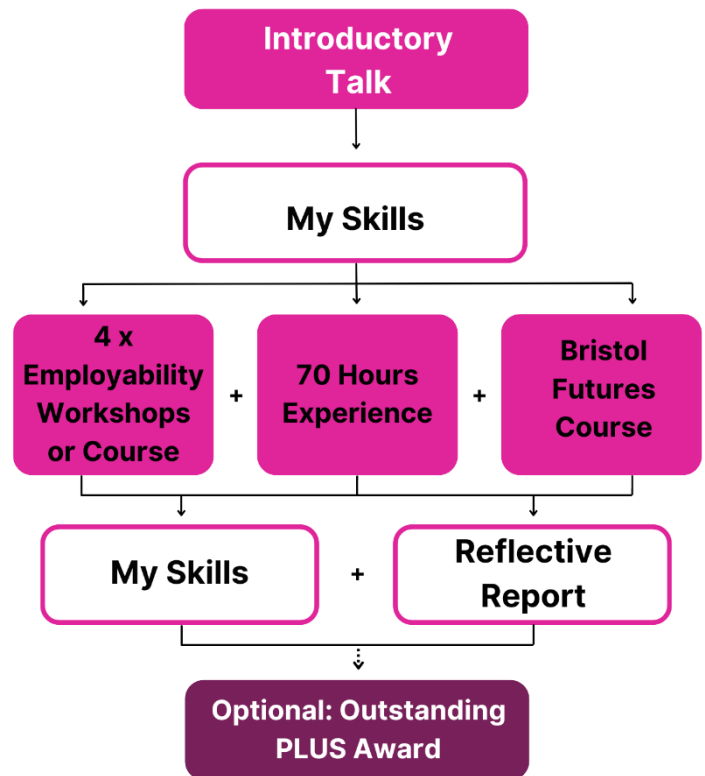
## Information for Staff

The Bristol PLUS Award is the University of Bristol's **employability award**, open to all students and researchers (UG, PGR and PGT). The Award framework formally recognises and rewards students who gain professional and life skills through extracurricular experiences outside of their degree.

To achieve the Award, students must complete **70 hours of experience** (e.g. work experience, volunteering, and internships), attend **4 skill development workshops**, complete their **My Skills check**, undertake a **Bristol Futures online course**, and write a **reflective report**.

The Bristol PLUS Award is **endorsed by a range of employers and organisations**, recognising that PLUS Award completers show a commitment to developing their skills and knowledge above and beyond their degree. Our **Endorsing Organisations** run PLUS specific events throughout the year, in the form of Skills Sessions and Mock Interviews.

The **registration deadline is 21 February 2025** and the **completion deadline is 23 May 2025**. Students wishing to partake in the Outstanding PLUS Awards must **nominate themselves by 26 February 2025**.



## The Process

1. Attend a PLUS Award Introductory talk. Introductory talks begin on the 9 September and run until the registration deadline of 21 February. [Students can book on here.](#)
2. Once registered, students record their progress on the evidence log, first completing their [My Skills](#) check to see where their skills stand before developing through the PLUS Award.
3. Once all evidence is completed, a final My Skills check is done to see their skills development, before writing a 500 word reflective report on their skills development.
4. Early completers of the PLUS Award may nominate themselves for the [Outstanding PLUS Awards](#) by 26 February. There are six categories, with one student winning per category.

## Would you like to collaborate?

If you have any further questions, or would like to promote an opportunity with the PLUS Award, please contact the Bristol PLUS Award team by emailing [careers-plusaward@bristol.ac.uk](mailto:careers-plusaward@bristol.ac.uk).