

TAE GEUK YUK JANG - Pattern 6

READY STANCE: Facing "A"

1 & 2 & 3. Move left foot into a left FRONT STANCE toward -L1- with a left low block; execute a right front snap kick to -L1- (bringing kicking foot back to starting position but into a BACK STANCE); execute a left outer forearm block to -L1-.

4 & 5 & 6. Move left foot to right foot, then move right foot to -R1- turning clockwise into a right FRONT STANCE with a right low block to -R1-; execute a left front snap kick to -R1- (bringing kicking foot back to starting position but into a BACK STANCE); execute a right outer forearm block to -R1-.

7 & 8 & 9 & 10 & 11 & 12. Move left foot counter-clockwise to -A- into a left FRONT STANCE with a high right knifehand hooking block to -A-; execute a right round kick to -A-, lower right foot to left foot then step left foot to -L2- into a FRONT STANCE;

DO THE FOLLOWING IN A CONTINUOUS MOTION

execute a left outer forearm block; right reverse punch; right front kick; left reverse punch toward -L2-.

13 & 14 & 15 & 16. Move right foot clockwise toward -R2- into a right FRONT STANCE with a right outer forearm block; left reverse punch; left front kick; right reverse punch.

PERFORM # 13 - # 16 IN A CONTINUOUS MOTION

17. Bring left foot back to a PARALLEL STANCE toward -A- with twin low blocks to the sides.

PERFORM # 17 IN A SLOW TENSION MOVEMENT

18 & 19 & 20 & 21 & 22. Step toward -A- into a right FRONT STANCE with a left high knifehand hooking block to -A-; execute a left round kick to -A-; lower the kicking foot to the right foot and spin clockwise toward -L3- into a right FRONT STANCE with a right low block; execute a left front kick (bringing kicking foot back to a BACK STANCE); right outer forearm block.

23 & 24 & 25. Move left foot toward -R3- turning counter-clockwise into a left FRONT STANCE with a left low block to -R3-; execute a right front kick (bring kicking foot back into a BACK STANCE); left outer forearm block to -R3-.

26. Pivot on left foot and move right foot to -B- into a left BACK STANCE toward -A- with a twin knifehand guarding block to -A-.

27. Step back with the left foot into a right BACK STANCE toward -A- with a twin knifehand guarding block to -A-.

28 & 29. Step backwards into a left FRONT STANCE toward -A- with a left palm across middle block; right reverse punch to -A-.

30 & 31. Step backwards with the right foot into a right FRONT STANCE towards -A- with a right palm across middle block; left reverse punch to -A-.

STEP LEFT FOOT TO RIGHT FOOT INTO READY STANCE