

TAE GEUK IL JANG – Pattern 1

READY STANCE: Facing "A"

1. Look left and move left foot into Walking Stance toward L-1, execute a LEFT LOW BLOCK.
 2. Step right foot toward L-1 into a Walking Stance with a RIGHT CENTER PUNCH.
 3. Look right and move right foot clockwise to face R-1 in a Right Walking Stance, execute a RIGHT LOW BLOCK.
 4. Step left foot toward R-1 into a Walking Stance with a LEFT CENTER PUNCH.
 5. Look left and move left foot counter-clockwise into a Left Front Stance toward "A" and execute a LEFT LOW BLOCK / RIGHT REVERSE CENTER PUNCH.
 6. Look right and move RIGHT FOOT into a Walking Stance toward R-2 with a LEFT OUT-TO-IN BLOCK.
 7. Step left foot into a Walking Stance toward R-2 and execute a RIGHT REVERSE CENTER PUNCH.
 8. Look left and move LEFT FOOT counter-clockwise into a Walking Stance toward L -2 and execute a RIGHT OUT-TO-IN BLOCK.
 9. Step right foot into a Walking Stance toward R-2 and execute a LEFT REVERSE CENTER PUNCH.
 10. Look right and move right foot clockwise into a RIGHT FRONT STANCE toward "A" and execute a RIGHT LOW BLOCK / LEFT REVERSE CENTER PUNCH.
 11. Look left and move Left foot into a Walking Stance toward L-3 with a LEFT HIGH BLOCK.
 12. Execute a RIGHT FRONT SNAP KICK toward L-3, setting kicking foot down toward L -3 into a Right Walking Stance with a RIGHT CENTER PUNCH.
 13. Look right and move right foot clockwise toward L -3 into a Right Walking Stance with a RIGHT HIGH BLOCK.
 14. Execute a LEFT FRONT SNAP KICK toward R-3, setting kicking foot down toward R-3 into a Left Walking Stance with a LEFT CENTER PUNCH.
 15. Look right and move LEFT FOOT into a Left Front Stance toward "B" and execute a LEFT LOW BLOCK.
 16. Step toward "B" into a Right Front Stance with a RIGHT CENTER PUNCH and YELL!!
- MOVE LEFT FOOT BACK COUNTER-CLOCKWISE TO FACE -A- IN READY STANCE.**