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Doing well in supported employment

Supported employment is a service which helps people with learning difficulties find work. People called job trainers help you learn your new job and make sure things go well.

Researchers from the University of Wales talked to people with learning difficulties who have jobs. The researchers also talked to people's bosses and job trainers. People said:



Doing well at work means working hard, being on time and remembering what needs to be done.

It's important to work out the right way to speak and behave in a job. And you need to get on with the other people you work with.

- Everyone needs help at work. Getting good support from bosses and job trainers can help you to do your job well.
- Bosses can help by making it easy for people to ask questions and talk about problems. They can also help by telling people when they do a good job.
- Job trainers can help by training people about how to speak and behave at work. They can also make sure that people get good support at work, even if things change or bosses leave.