

Plain facts

Shared care for people with learning difficulties





Shared care is when you spend time away from home. Going for shared care is sometimes called a short break or respite care.

The people you stay with are called support carers.

You can go for a short time, like for a meal.

Or you can go for longer, like for a holiday.

Beth Prewett wanted to find out what children and adults think about their time away from home.

-  The main reason people had shared care was because they liked it.
-  People liked their support carers and enjoyed doing things with them. The carers were their friends.
-  People were unhappy if they could not spend time with their support carers.
-  Most people would tell someone if they did not like their shared care, but a few people would not say anything.

