ISWA Working in Partnership towards Solutions MANCHESTER

1st December, 2006

ASSESSING PARENTS WITH LEARNING DISABILITIES

Sue McGaw

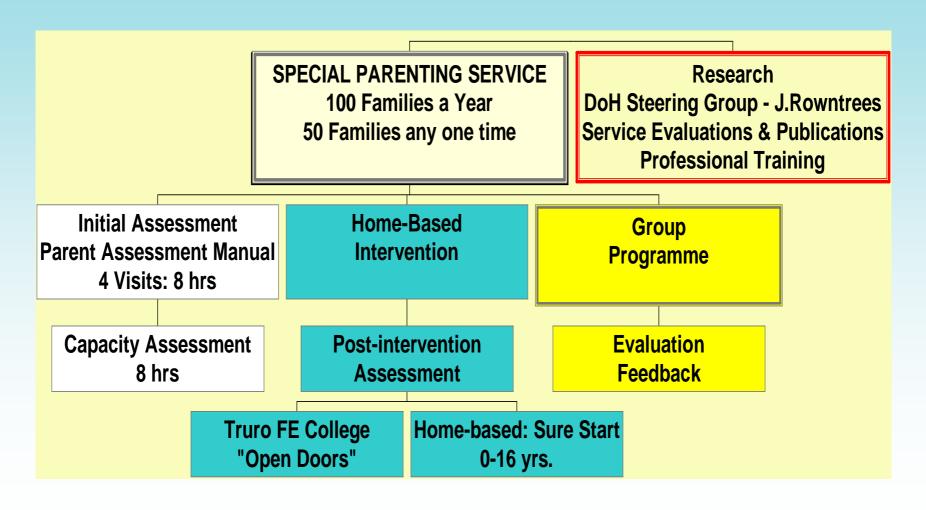
Special Parenting Service
Cornwall Partnership NHS Trust
www.cornwall.nhs.uk/specialparentingservices

Special Parenting Service Truro, Cornwall

- Founded 1988
- Funded by NHS, UK
- Multi-disciplinary team
- 2,500 ID Population
- Parents ID unknown
- Over 1000 families with ID



Special Parenting Service Cornwall



Media storm puts pressure on Essex

Essex County Council's decision to take the children of a couple with learning difficulties and low IQ into care has provoked a furious reaction from the press, but what implications does the case have for the sector as a whole? **Ruth Smith** investigates

Hysterical press coverage of child protection cases is nothing new. But "Victims of the child snatchers," a typical headline from the Daily Mail's crusade against Essex County Council's decision to place two children for adoption, has provoked outrage across the sector. The Essex case came to the Mail's attention after a High Court judge agreed with Essex social services that a four-year-old girl and 14-month-old boy would be at risk of harm if they remained with their parents. The mother has learning difficulties and the father a low IO.

BAAF Adoption & Fostering has described the coverage as "dangerous and wrong" and has written to MPs to highlight its concerns. "These accusations will fuel mistrust in the system and could lead to fewer parents in need of help coming forward," it warns.

Getting to the real issue

But correcting irresponsible articles has eclipsed debate on the wider issue the Essex case raises: what is the role of local authorities and family courts when parents are not actively hurting their children, but are failing to support them effectively? Essex, whose track record on adoption and child protection is described as strong by the Commission for Social Care Inspection, has stressed the range of support it gives to families.

"In most cases our staff work to support families and ensure children stay with their parents," says councillor Tracey Chapman, the cabinet member for children's services at the Conservative-controlled council.

In this case, the judge agreed with Essex's stance, saying: "The tragedy is that the parents are unable, even when the most concentrated and intensive support is deployed to assist them, to adequately manage the day-to-day care of their children."

But it is not clear whether there is consistency in support services for parents with learning disabilities across the UK. "It waries," says Anthony Douglas, chief executive of Cafcass, the Children and Family Court Advisory and Support Service, and chair of BAAF Adoption & Fostering. And



The Daily Mail has attacked the court's decision supporting Essex County Council

KEY STATISTICS

- Parental illness or disability accounts for six per cent of lookedafter children
- Abuse or neglect accouts for 62 per cent of lookedafter children cases
- Source: Department for Education and Skills statistics as at 31 March 2004

it is not just learning disabilities. "The number of children subject to care proceedings doesn't vary, according to the obvious criteria. There are reasons why the levels vary, which are worth examining," he says.

"It would be good to have more research on whether those parts of the country with good support services are not just able to keep the children at home but can also offer positive parenting programmes to parents with learning disabilities and secure better housing and support networks for them. I suspect that's the case but I don't think it's been adequately researched."

Mencap North East runs a support service for parents with learning disabilities but such services are rare. Staff act as advocates and attend child protection conferences and court hearings with parents, for example.

"My job is to make sure they understand the process and ensure their views are heard," says service co-ordinator Helen Newton. "A lot of the people I work with can be good parents but they need support."

Volunteers provide general support to help parents with learning disabilities bring up their children. "They offer practical support, such as helping them attend parent and toddler groups," explains Newton.

Links between adult and children's services is another issue highlighted by the Essex case. "It is a concern," says Douglas. "Especially as adult and children's services split off from each other because the degree of joint working between community learning disability teams and family court or childcare teams is patchy. But that relationship needs to be solid

so a family is given an integrated service."

Ian Johnston, director of the British
Association of Social Workers, agrees
there should be good links between the
two. "But the whole of social work is
under-resourced with a high staff turnover
so staff don't always have time to invest
in these relationships," he says.

The legal viewpoint

Legally, following a European Court of Human Rights ruling in February 2002, the Government must make a greater effort to support parents with learning disabilities before taking a child away from them.

"As far as I know, it's the only case of parents with learning disabilities that has gone this far," says Liz Goldthorpe, the chair of the Association of Lawyers for Children.

Although the European case must be read with care since it relates to a German family, under the Human Rights Act 1998 the ruling is applicable to UK cases. Despite support for the parents from an early stage, the European court said not enough had been done to help them keep their children and ruled there had been a violation of Article 8 of the European Convention on Human Rights, the right to respect for private and family life.

But getting that balance right is difficult, says Goldthorpe. "How long do you go on testing the situation when you should be putting children first," she asks.

Can Parents with LD parent?

- 1. Purposeful abuse infrequent by parents (Booths, 2005; Whitman 1994)
- 2. Neglect omission not commission (Booths, 2005; Tymchuk & Andron, 1990)
- 3. Parental Risk Factors:
 - ■Cognitive functioning & ability to learn (Tymchuk, 1992; Feldman, 1997)
 - Discrepancy between parent's knowledge, skills, experiences & children's needs (Bakken 1993; McGaw 1999)
 - ■Vulnerability to psychopathology (Tymchuk 1993; McGaw et al., 2005)
 - Poverty, stress, poor social supports (Feldman, 1997; Denny et al 2001)
 - Main predictor of abuse/neglect (Schilling1982; Lewellyn,1995; McGaw 2005)

Children Outcomes?

Developmental Delays

- Genetic vulnerability (Reed 1965; Scally, 1975, Garber & Heber, 1977)
- Developmental delays (Cleaver, 2005)
- Cognitive & Language skills (Feldman 1986)
- Boys more vulnerable than girls to behavioural problems (Feldman, 1997)
 - · Low IQ mothers with children with higher IQs:
 - More involved/responsive; More restrictive/punitive
 - Low IQ mothers with children with low IQs:
 - Less concerned/interactive; Less restrictive/not punitive

Psychopathology & Mental Disorders

- CPR registration & mental disorders (McGaw, Shaw & Beckley, 2006)
 - 79% CPR emotional abuse (parents with childhood trauma)
 - 67% Attention deficits across children of parents (depression) vs. 32% (no depression)
 - 39% Conduct disorders children (parents OCD) vs. 6% (no OCD)
 - 64% Anxiety disorders children (parents anxiety disorder) vs. 56% (no anxiety)
 - 92% Autism children (parental depression vs. 33% (no depression
- "Huck Finn" Syndrome (O'Neil, 1985)

Court Issues

Court systems disadvantage parents LD

(Tartleton, Ward & Howarth, 2006)

Discrimination in child protection proceedings

(Booths et al. 2005; Taylor et al., 1991; McConnell & Llewellyn, 2000)

Cases of substantiated abuse/neglect

(Booth, et al. 2005; McConnell & Llewellyn, 2000)

"Decision-Making & Parents with Learning Disabilities"

Dr. Sue McGaw & Dr. Sue Candy

In: People with Learning Disabilities: Capacity to Make Decisions Eds. Glynis Murphy & Isabel Clare, Wiley. 2006.

Service Issues

"Children Living with Learning Disabled Parents"

Cleaver & Nicholson, 2005, DFES

- Referral patterns
- Lack of specialist input & specialist tools
- Poor use specialist tools/methodologies/multi-agency assessments
- Poor collaboration between LD teams & Children/Family Teams
- Poor use of joint-commissioning & funding between child/adult services
- Need to improve resources, training programmes & understanding re co-morbidity

Study of families & factors: High Risk vs. Low Risk Families

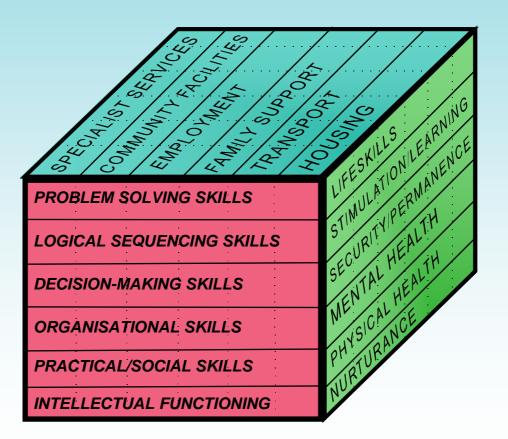
- Retrospective study (n = 101 parents IQ < 75)</p>
- ☐ Comparison groups i) Parents, ii) Professionals, iii) Special Parenting Service
- ☐ Measures:
 - a) Parent Assessment Manual Perception of Family Need "I Need Help" & "Initial Screening Tool"
 - b) <u>Demographic Variables</u>
 - Parent data: IQ, disabilities/mental health/childhood histories
 - Children data: special needs, no.in family/removed, child protection reg.
 - Socio-economic status, housing, state benefits, amenities, car owner
 - Partner relationships/support/resources

Parenting Assessments

- Parenting assessments no one assessment covering multi-complex needs, subjective, ad hoc, poor predictors of capacity
- ■Government assessments checklists/frameworks general guidance
- Standardised parenting assessments/related limited breadth (Parenting Stress Index/HOME Inventory/Webster-Carol Stratton)
- Specialised parenting assessments non-standardised (Red Cross Programme/Esprit/Tymchuk/Feldman)
- ■Functional/Diagnostic/Ecological models
 (Mickelson, 1947; Dowdney/Attard, 1998; Hayman, 1990/ McGaw, 1998/Feldman, 2003, Jack, 2005)

Parent Multi-Dimensional Skills Model

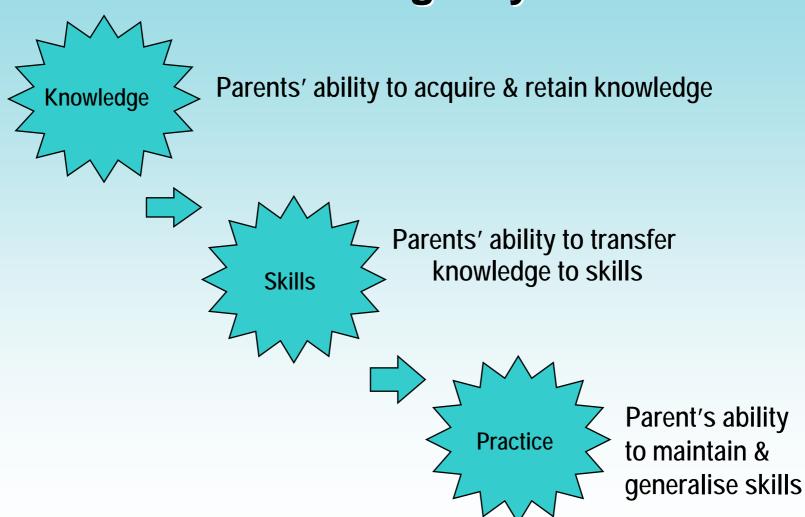
Support and Resources



Family History

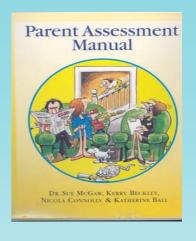
Intellectual
Functioning
&
Independent
Living Skills

Knowledge/Skills/Practice Contingency



Parent Assessment Manual - Properties

34 Child & Parent Domains



- PAM is a structured wide-ranging functional & multi-dimensional parenting assessment
- PAM is aimed at vulnerable families: children (0-19 years) & their parents
- PAM assesses 333 skills (364 incl. sub-skills) focusing on Parenting Knowledge-Skills-Practice for each parent/jointly couple
- PAM provides Child/Parent Profiles & Teaching Programmes electronically
- PAM is a quick accurate tool for measuring baselines & teaching evaluations

GENERAL SAFETY

PARENTS KNOWLEDGE



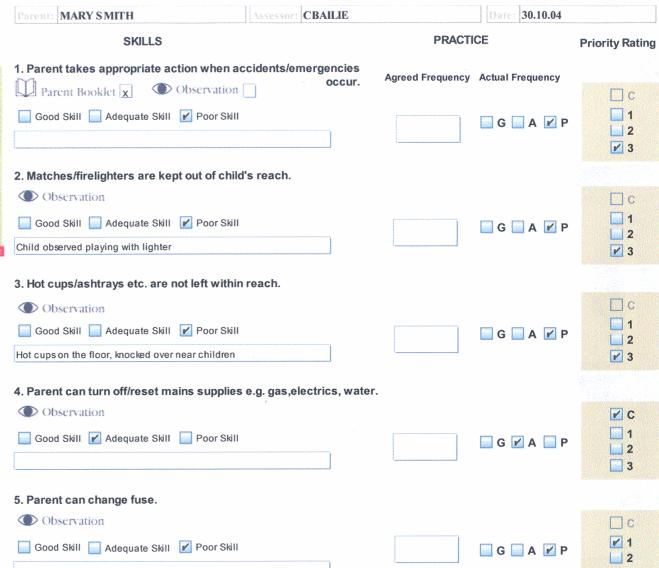
Parent knows what to do in the event of: 1. A CLOTHES FIRE

- I. A OLOTTILO TINL
- Good Knowledge (scores 4/3)
- ✓ Adequate Knowledge (scores 2)
- Poor Knowledge (scores 1/0)

A. What is happening in the picture?



Clarify: The boy;s clothes are on fire.



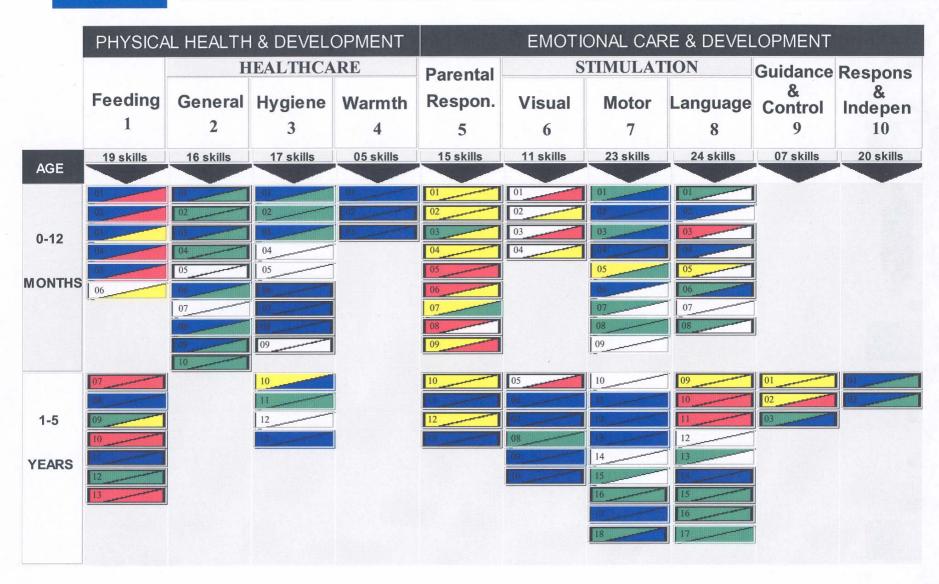
OBSERVATION FOR	RM Quality &	Frequency	of Practice		Parent Mary Smith	DATE 22. 9 2003
				COMPLE	TED BY Chantal Bailie	SETTING HOME
INSTRUCTIONS 1. Insert 3in Good/Adequate/Poor columns each time skill is observed (e.g.3333= 4) 2. Use key to define quality of practice (Good/Adequate/Poor) 3. Total columns to show overall frequency				KEY: GOOD SKILL: Skill demonstrated well without help ADEQUATE SKILL: Skill demonstrated but parent needed reminding POOR SKILL: Skill not attempted/attempted but unsuccessful		
PARENT/CHILD PROFILE PRACTICE		PRACTICE	COMMENTS			
SKILL	DATE	GOOD	ADEQUATE	POOR	e.g. no opportunity – parent	refused, not attempted
Parent makes eye contact with baby for 5 minutes.	27.8.03			1	Parent turned baby to face television set.	
	1.9.03			1	Baby in darkened room with partner (in the afternoon)	
	8.9.03				Parent went out, forgot about appointment	
	15.9.03				Baby with partner throughout visit in the kitchen.	
	22.9.03		1		Parent prompted to face the baby, responded to this and smiled.	
	24.9.03			1	Baby in darkened bedroom with p	partner throughout the visit
	29.9.03			1	Baby in darkened room with partr	ner throughout the visit.
	2.10.03			1	Baby in darkened room with partr	ner, facing television set, throughout visit.
	6.10.03				Baby sleeping in pram in sitting r	oom.
	8.10.03		1		Parent turned baby towards her fo once. Dawn responded by gurglin	ollowing prompting and made eye contact ng.
	13.10.03				Nobody home.	-6-
	15.10.03			1	down.	ner - loud music playing, refused to turn
	17.10.03				Baby slept throughout visit.	
	20.10/03			1	Baby in darkened room with partr	ner.

CHILD PROFILE

Parent: Sam & Jon

Assessor: Tamara

Date: July 2003



NOTES:

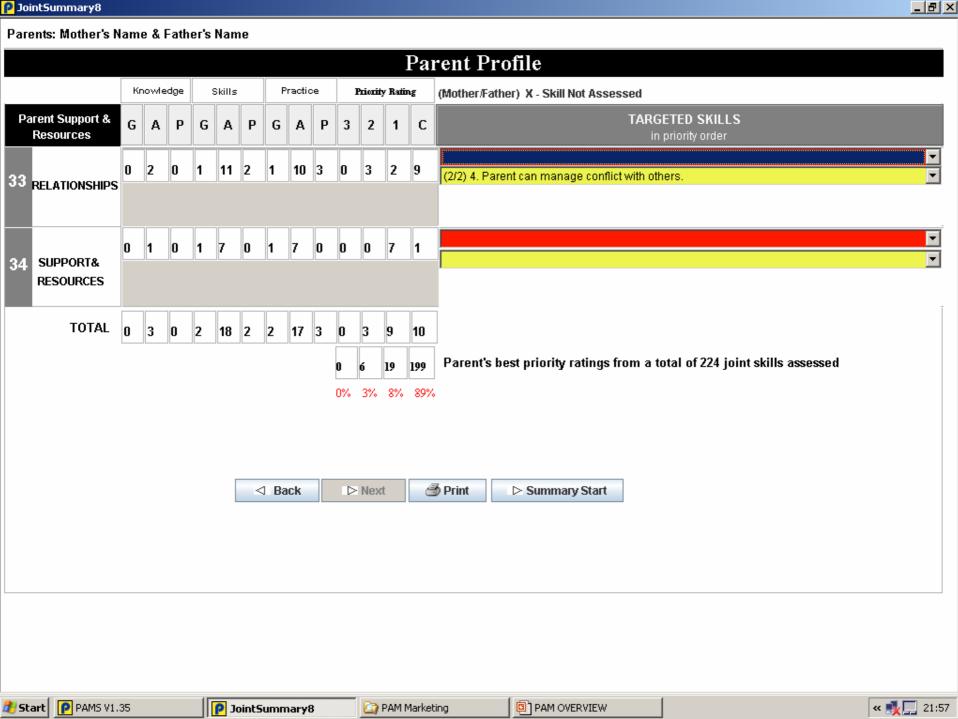
1. MOTHER FATHER

All skills scoring boxes are bisected by a diagonal line. Above the diagonal scores as MOTHER, below the diagonal scores as FATHER.

CORE Check if Core Skills from earlier age bands apply.

Priority Rating 3=High Priority
Priority Rating 2=Medium Priority
Priority Rating 1=Low Priority
Priority Rating C=Criterion Reached





argeted Skills Parents:	Assessor: Frances	Date: 9th March 2004
FEEDING - (Mother/Father) X - Skill Not Assessed		
3] - (3/X) 3. Parent feeds baby appropriately		e College de College de la col
3] - (2/3) 7. Parent provides three nutritious meals a day (CS)		
3] - (2/3) 9. Parent provides nutritious snacks for child (CS).		
2] - (X/2) 1. Parent can prepare a bottle for feeding		
2] - (2/X) 2. Parent made sufficient bottle-feeds to feed baby throughout day	and the properties of the contraction of the contra	
2] - (2/X) 11. Parent encourages child to eat with a knife, fork and spoon (CS).		
2] - {2/X} 13. Parent ensures that child eats a balanced diet (CS).		
HEALTHCARE GENERAL - (Mother/Father) X - Skill Not Assessed		
3] - (3/X) 5. Parent is able to use medicines appropriately (CS).		
3] - (3/3) 6. Parent recognises and deals with nappy rash.		
3] - (3/3) 7. Parent recognises and deals with cradle cap.		of Maria Care Care Care Care Care Care Care Car
2] - (X/2) 8. Parent recognises and deals with teething problems.		
2] - (2/X) 10. Parent keeps appointments for developmental checks (CS). e.g. dentist, optician health visitor.		
2] - (3/0) 4. Parent takes appropriate action to reduce temperature (CS).		
1 (ora) A 1 states times appropriate sector to read to temperature (ob).		
IEALTHCARE HYGIENE - (Mother/Father) X - Skill Not Assessed		
3] - (3/2) 1. Parent sterilizes feeding equipment.	FOI (Old) C Devent annual hild is helf-all, and a	14.1.100
3] - (2/3) 2. Parent changes nappies appropriately.	[2] - (2/1) 6. Parent ensures child is bathed/washed appropri	ratery (CS).
2] - (2/2) 3. Parent disposes of dirty napples.		
2] - (2/X) 8. Parent ensures that child's nails are cut (CS).		
2] - (2/X) 9. Parent ensures that child's teeth are brushed (CS).		
2] - (2/X) 10. Parent encourages child to sit on potty for a few minutes.		
2] - (2/X) 11. Parent encourages child to wash and wipe hands after using the toilet/potty.		
?] - (2/X) 15. Parent encourages child to sort own clothes for washing.		
?] - (2/X) 16. Parent encourages child to put away clean clothes.		

HEALTHCARE WARMTH - (Mother/Father) X - Skill Not Assessed

[2] - (2/X) 1. Parent dresses child appropriately for cold/warm weather (CS).
 [2] - (2/X) 3. Parent ensures the temperature of the child's bedroom is suitable (CS).
 [2] - (2/X) 4. Parent encourages child to wear appropriate clothing to school.

Assessment & Teaching Pathway

Multi-Disciplinary

Core Group

Housing

Transport

Allowances

Equipment

Medication

Form Filling

Advocacy

Resources

Assessment & Capacity Teaching Programme

Quality of Engagement & Perception of Need Parents/Child's Intellectual/Physical/Emotional functioning Identify Parents' Learning Style

Target 3/4 Skills

Skills Baseline

Teach & Record Skills over 8 weeks
Summarise Findings

Long-Term Family Support Programme

Home-Based Programme + Group + POD Refer On

Ongoing PAM Evaluation & Assessment

Specialist

Services

Attachment

Mental Health

Physical Health

Abuse Issues

Domestic Violence

Neighbouh. Violence

Drug Abuse

Child

Protection

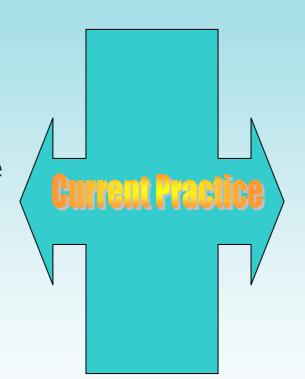
FAMILY CASE STUDY

PARENT ASSESSMENT MANUAL



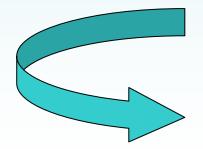
MEASURES PARENTING

- Shorter & precise
- **Evidence-based**
- **Defendable**

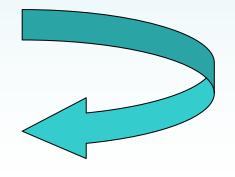


DIAGNOSTIC





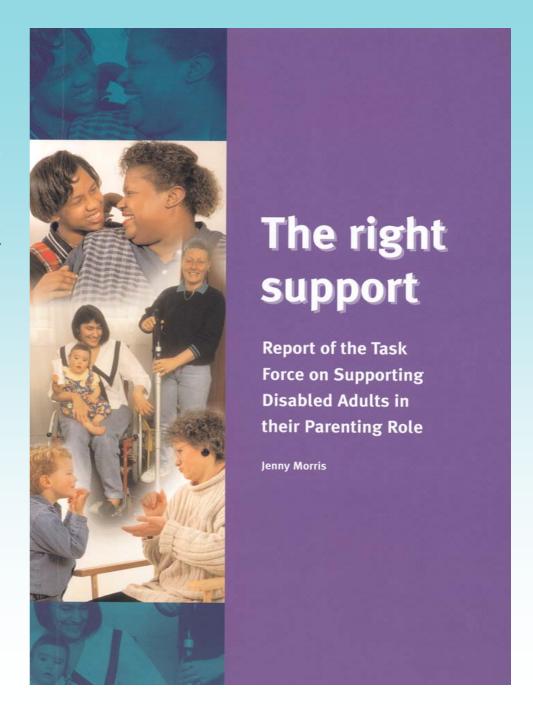
Measurable
Teaching Programme



DISABLED PARENTS NETWORK

WWW.DisabledParentsNetwork.org.uk

- Newsletters
- Publications
- Lobby Group



www.baringfoundation.org.uk

Finding the right support?

A review of issues and positive practice in supporting parents with learning difficulties and their children



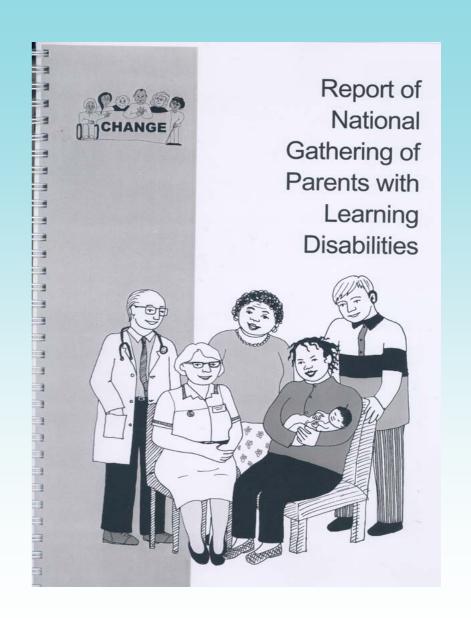
Beth Tarleton, Linda Ward and Joyce Howarth

KEY FINDINGS

- Wide variety of agencies & professionals involved parents LD
- 2. Professionals facing barriers to provision of appropriate support to parents
- 3. Holistic & wide ranging support
- 4. Court processes too complicated
- 5. Professionals training
- 6. Eligibility criteria "too low"
- 7. Need to "spread" good practice

CHANGE WWW.CHANGEPEOPLE.CO.UK

- What's the Problem
- What helps people with LD to be good parents
- What should the government be doing
- Policies & Services which help parents with LD



Teaching Parenting

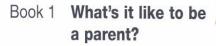
want to be a

good parent...

I Want to be a Good **Parent**

Sue McGaw

Five illustrated booklets, giving practical and easy to follow advice for parents with learning disabilities.



Book 2 Children need healthy food

Book 3 Children need to be clean, healthy and warm

Book 4 Children need to be safe

Book 5 Children need love

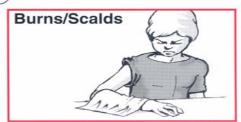
1995 See order form for ISBN numbers BILD members £9.00 each or £40.50 the set Full price £10.00 each or £45.00 the set

Children Need To Be Safe Overview

Keep Children Safe From:



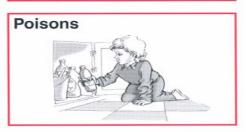


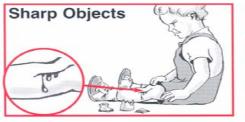














People with Learning Disabilities: Capacity to Make Decisions:

Eds. Prof. Glynis Murphy & Isobel Clare.

Publishers: Wiley

Decision-making & Parents with Learning Disabilities

Dr. Sue McGaw & Dr. Sue Candy

- 1. Right to Private & Family Life
- 2. Professional systems confusing
- 3. Choosing a solicitor
- 4. Twin-tracking
- 5. Co-operation
- 6. Contesting applications for adoption

The Court and your child:

when social workers get involved

easy words and pictures







Summary

- Flexibility & imagination: 1989 Children Act, Assessment Framework; 1990 NHS & Community Care Act; Fair Access to Care Services
- Allocation of assessments: identify skills & experiences; knowledge gaps
- Quality of assessments: models/tools, needs/parent led & family centred
- Risk & discrimination in assessments: competence; risk outcomes; standards
- Child protection systems & court arena: facilitate & enable parents

"Think Parent: Supporting Disabled Adults as Parents"

2004. Olsen & Tyers, National Family & Parenting Institute, London. www.nfpi.org

"What Works for Parents with Learning Disabilities"

2005. McGaw & Newman. Barnardos

"Support Services for Parents with Learning Difficulties"

2006. Tarleton, Ward & Howarth, Norah Fry