Elaine's Kitchen

Delivered Menu's

Our menu's have been designed to suit all our clients dietary requirements, using seasonal ingredients sourced locally and packaged in disposable or reusable platters. We have a range of delivered or serviced menu's to choose from.

All our prices include VAT with a small delivery charge. £10.00 for Bristol £5.00 for Langford

We require 7 working days lead time

catering@elaineskitchen.co.uk 07930 923420 www.elaineskitchen.co.uk





Cold Finger Buffet Pricing

Menu 1: £15.00/head (VAT incl.) for 10+ guests

- £17.00/head (VAT incl.)for under 10 guests
- Choice of 3 Sandwiches
- Fresh Fruit Platter
- Dietary requirements included (Vg-Vegan, GF-Gluten Free, V-Vegetarian, DF Dairy Free)

Menu 2: £15.00/head (VAT incl.) for 10+ guests

£17.00/head (VAT incl.) for under 10 guests

- Choice of 3 Sandwiches
- Choice of 2 Savouries
- Dietary requirements included (Vg-Vegan, GF-Gluten Free, V-Vegetarian, DF Dairy Free)

Extras: £2.50/head (VAT incl.)

- Additional items off the menu
- Cakes per slice

For Staff to Serve – Please contact us catering@elaineskitchen.co.uk

Cold Finger Buffet Menu

V = Vegetarian, GF = Gluten Free, VG = Vegan, DF = Dairy Free

<u>Sandwiches</u> – a choice of white, best of both, brown bread and wraps (GF available)

Meat Options

Chicken Mayonnaise - made with celery and apple – an old family favourite Ham Sandwiches - made with tomatoes or Dijon mayonnaise

Ham and Salad wraps - thick cut from the local Butchers, served with tomatoes, lettuce, and dressing

Fish Options

Salmon and Dill - salmon mixed with crème cheese, lemon and dill Smoked Salmon - smoked salmon from the local Valley Smokehouse, served with Horseradish crème fraiche

Tuna and Cucumber - tuna chunks mixed lightly with mayonnaise and seasoning and thin slices of cucumber

Vegetarian Options

Cheese - local mature cheddar cheese, served with 1 of the following – cucumber, tomato or home-made green tomato chutney

Cranberry, Brie, Rocket and Grape - makes a nice change from a traditional cheese sandwich **Egg Mayonnaise** - made with mustard and cress – it is hard to beat this classic!

Vegan Options

Coronation Chickpea – a twist on the classes sandwich (Vg, V, DF) **Hummus Wraps** – with roasted red peppers (Vg, V, DF) **Smashed Avocado and tomato** – mixed with tobacco, lemon juice and seasoning (Vg, V, DF)

Savouries

Honeyed Butcher's sausages - served with a mustard dip

Little Quiches - crisp little cheese pastry tartlets baked with a filling of choice and cheesy egg custard -

- Asparagus and Cheese (V)
- Bacon and Cheese
- Cheese and Caramelised Onion (V)
- Mushroom and Bacon

Sausage Rolls - sausage meat encased in Elaine's famous flaky pastry and baked until golden and crispy– delicious!

Vegan Mushroom Rolls – delicious take on sausage rolls (V, VG, DF)

Fresh Fruit Platter

- Blueberries
- Grapes
- Melon
- Pineapple
- Strawberries

<u>Cakes</u>

Blackberry Bakewell - crisp short crust pastry with an almond filling, blackberries and flaked almonds to finish

Blueberry and Lemon Friand - made from ground almonds with fresh blueberries and dusted with icing sugar

Carrot Traybake Cake - With a cream cheese icing

Chocolate Brownies - indulgent squidgy chocolate squares – perfect for those chocoholics amongst you!

Chocolate Éclairs -choux pastry filled with whipped cream and topped with melted dark and milk chocolate

Custard Fruit Tarts - crisp short crust pastry filled with a custard cream and topped with fresh fruit

Elaine's Special Fruit Cake - an old family recipe!

Home-made Fruit Scones - served with clotted cream and home-made strawberry or raspberry jam

Home-made Scones - served with clotted cream and home-made strawberry or raspberry jam

Lemon Curd and Blueberry Tartlets - crisp sweet pastry tarts filled with homemade lemon curd and topped with blueberries

Lemon Drizzle Fingers - light lemon sponge covered in lemon drizzle – just melts in your mouth!

Mini Apple Tart Tatins - a real classic – puff pastry topped with thinly sliced apple

Please request any special dietary requirements

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Cold Buffet Pricing

Menu 1: £15.00/head (VAT incl.) for 10+ guests*

£17.00/head (VAT incl.) for under 10 guests

- Choice of 2 Salads
- Choice of 2 Savoury Options
- Homemade bread
- Dietary requirements included (Vg-Vegan, GF-Gluten Free, V-Vegetarian, DF Dairy Free)

Menu 2: £16.50/head (VAT incl.) for 10+ guests*

£18.50/head (VAT incl.) for under 10 guests

- Choice of 3 Salads
- Choice of 2 Savoury Options
- Homemade bread
- Dietary requirements included (VG-Vegan, GF-Gluten Free, V-Vegetarian, DF Dairy Free)

* For events over 50 guests please contact us for more choices of salads and savouries

Extras: £2.50/head (VAT incl.)

- Additional items off the menu
- Cakes per slice

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Cold Buffet Menu

V = Vegetarian, GF = Gluten Free, VG = Vegan, DF = Dairy Free

<u>Salads</u>

Potatoes

New Potato Salad - with chives, mayonnaise and yoghurt to make it that little bit lighter (GF, V) (vegan option available)

Sweet Potato Salad – with heritage carrots, red peppers, cherry tomatoes, chickpeas, mint and coriander in a date vinaigrette and topped with pistachio nuts (GF, DF, V)

Fresh Salad

Broccoli Salad - broccoli mixed with red peppers, apple and pine nuts with a honey and mustard dressing (GF, V, VG, DF)

Caprese – **Style Pasta Salad** - farfalle pasta mixed with pesto, bocconcini, oven dried tomatoes and fresh basil leaves (V)

Carrot, Beetroot and Cumin Salad - with a hint of Middle Eastern spice, this salad is a real feast for the eyes as well as the tummy – served with chunks of feta cheese (GF, V)

Courgette, Asparagus and Hazelnut Salad – a vibrant summer salad – drizzled with a zesty orange and chilli dressing (GF, V, DF, VG)

Mixed Salad - mixed salad leaves topped with asparagus, baby carrots, cherry tomatoes, avocado - tossed in an extra virgin olive oil and balsamic vinegar dressing. A picture in a bowl! (GF, DF)

Simple Green Salad – assorted lettuce, cucumbers, avocado's, fresh peas, green beans served with a balsamic salad dressing (GF, V, VG, DF)

Slow Roasted Tomato and Green Bean Salad with Asparagus and Wholegrain Mustard Dressing - tossed through with feta and rocket and sprinkled with pine nuts - delicious! (GF, V) (can keep the feta separate for vegans)

Traditional Coleslaw - finely shredded raw cabbage, carrot and sweet onion in a mayonnaise vinaigrette (GF,DF)

Pasta and Pulses

Bombay Lentil Salad - with chickpeas, green beans, cherry tomatoes, puy lentils, yellow peppers and Bombay spice (GF, DF, V)

Green Couscous with Broad Beans, Dill and Pistachios - couscous mixed with ginger, broad beans, green peppers, avocado, dill, spring onions and chopped pistachios - served with a lemon wedge and watercress leaves (DF, V, VG)

Halloumi and Broccoli Tabbouleh - served with a honey and harissa dressing. This is a traditional tabbouleh dish with a Moroccan twist! (v)

Mediterranean Couscous - couscous tossed in a harissa dressing with roasted Mediterranean vegetables and roasted pine nuts and sultanas – one of my favourites! (V, DF) Tabbouleh - a delicious salad of bulgur wheat tossed with chopped tomato flesh and diced cucumber and chopped fresh mint and parsley with a fresh lemon and olive oil dressing – topped with crispy fried Parma ham garnish (DF)

Wild Rice and Pumpkin Salad - roasted pumpkin mixed with wild rice, lentils, broccoli, cranberries, pumpkin seeds and a lemon juice dressing (GF, DF, V, VG)

Savoury Options

Meat Options

Cold Roast Organic Chicken - with feta, rosemary, lemon and olive oil – this really is a delicious fresh tasting salad (GF)

Coronation Chicken - cold roast chicken meat served in a creamy curried mayonnaise sauce with fresh mango (GF)

Glazed and Baked Ham – served with English mustard (GF, DF)

Picnic Fried Chicken - fried chicken as they make in Italy

Sausage Rolls - Elaine's flaky pastry filled with sausage meat – absolutely delicious! **Vietnamese Chicken Salad** - delicious shredded chicken salad with peanuts, rice noodles, mangetout and an Asian dressing (GF, DF)

Fish Options

Seared Salmon Fillets - individual salmon fillets cooked quickly on a griddle and served cold with an avocado and chilli salsa and a herby olive oil sauce (GF, DF) **Spinach and Hot Smoked Salmon Roulade** - served with aioli – soooo good! (GF)

Vegetarian Options

Cheese and Caramelised Onion Tart – cheese pastry case filled with caramelise onions and a cheesy egg custard (V)

Mediterranean Roasted Vegetable Tart - courgettes, cherry tomatoes, aubergines, mushrooms, red onions and garlic roasted and placed in a crisp short pastry tart topped with mozzarella cheese and fresh herbs and baked in a creamy egg custard. A good vegetarian option! (V)

Red Onion, Red Pepper and Goat's Cheese Tart - a colourful vegetarian tart of juicy roast peppers, sweet red onion and tangy goat's cheese (V) **Tomato Tart** – Tart Tatin style (GF,V)

Vegan Options

Asparagus and red onion tart (V, Vg, DF, can be GF) Mushroom Rolls – delicious flavours with dill, Dijon and mushrooms (V, Vg, DF can be GF) Vegan Spring Rolls – rainbow rolls with crunchy vegetables and a sweet chilli dipping sauce (V, Vg, GF, DF)

Homemade Bread or Bread Rolls - Brown or white options available

Gluten free and Vegan available

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Canape – Finger Nibbles Pricing

Menu: £16.00/head (VAT incl.) for 10+ guests

- £18.00/head (VAT incl.) for under 10 guests
- Choice of 8 canapes
- Each canape is £2.00/head if you wish for less or more
- Dietary requirements included (Vg-Vegan, GF-Gluten Free, V-Vegetarian, DF Dairy Free)

Extras: £2.00/head (VAT incl.)

- Additional items off the menu
- Sweet canapes on request

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Canapes – Finger Nibbles Menu

V = Vegetarian, GF = Gluten Free, VG = Vegan, DF = Dairy Free

Cold Canapes

<u>Fish</u>

Fish Gougère's with a Smoked Salmon Filling - miniature choux pastry buns filled with a smoked salmon, chive, yoghurt and cream cheese filling

Smoked Salmon Blinis - little home-made buckwheat blinis topped with horseradish crème fraiche and smoked salmon

Smoked Salmon Quiches - cocktail sized tartlets baked with a smoked salmon and a horseradish egg cream custard

Smoked Salmon from the Valley Smokehouse - on cocktail slices of fresh brown bread with a squeeze of lemon and lots of freshly ground black pepper

<u>Meat</u>

Asparagus and Parma Ham - asparagus griddled and rolled with Parma ham and shavings of fresh Parmesan cheese (GF)

Beef Filo Cups - crisp filo pastry tartlets filled with fillet of beef and a herb aioli (add £0.50p/head)

Caramelised Onion and Bacon Tartlets - cocktail sized tartlets baked with a sweet onion and bacon mixture and a cheesy egg cream custard

Mini Peking Duck - mini pancakes filled with finely slice duck, cucumber and spring onions with a plum sauce

Prosciutto Skewers - refreshing skewer with strips of prosciutto, melon and bocconcini (GF)

Vegetarian

Caramelised Onion Tartlets - cocktail sized tartlets baked with sweet onion and a cheesy egg custard

Italian Lollipop - halved cherry tomatoes, filled with tapenade and miniature lemon and parsley coated mozzarella balls (GF)

Parmesan and Poppy Seed Lollipops - golden crisp delights – a real treat that is a cross between a biscuit and a cracker (GF)

<u>Vegan</u>

Hara Bhara Kabab - Indian potato patties with spinach and peas – packed with flavour and topped with mango chutney (GF)

Rainbow Spring Rolls – colourful and fresh canape served with a sweet chilli dip **Tomato and Basil Bruschetta** – summer in a mouthful

Hot Canapes

<u>Fish</u>

King Prawn's stir-fried with Garlic and Ginger - succulent King prawns served with a lemon mayonnaise (GF) (add £1.00/head)

Teriyaki Salmon Skewers - with garlic, ginger, lime, soy and honey – garnished with sesame seeds (GF)

Thai Fish Cakes - made with a white fish and green beans for some crunch – served with a delicious homemade sweet chilli dip

<u>Meat</u>

Filo Wrapped Asparagus and Prosciutto - these are one of my favourites!

Golden Parmesan Chicken Morsels - served with garlic mayonnaise

Honeyed Cocktail Sausages - coated in honey and served with a whole grain mustard and Greek yoghurt dip – sourced from our local Butchers!

Mini Hamburgers - served in homemade hamburger buns with tomato ketchup,

mayonnaise, a sliced gherkin and a cherry tomato garnish

Mini Yorkshire Puddings - served hot with horseradish crème fraiche and fillet of beef (add £0.50/head)

Moroccan Spiced Mince Parcels - crisp filo pastry parcels of lamb mince infused with Moroccan spices

Sticky Pancetta Wrapped Sausages - with a honey and mustard glaze - served with a yoghurt dip

<u>Vegetarian</u>

Courgette and Halloumi Fritters - served with a homemade sweet chilli dip – truly delicious! **Mushroom Strudels** - very popular – crisp filo pastry encasing a whole button mushroom filled with a mixture of stilton and cream cheese baked until golden

Sweet Potato and Ginger Parcels - samosa like savoury morsels

Walnut and Goat's Cheese Sables - topped with pieces of goat's cheese and walnuts - truly delicious!

<u>Vegan</u>

Mushroom Roll – delicious mushrooms with a white wine and Dijon mustard sauce Satay Aubergine Skewers – served with a satay sauce

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