

9/2019

Primary Health Care
<http://www.bristol.ac.uk/primaryhealthcare>



@capcteaching

Teaching Newsletter

Bristol Medical School, 1st Floor, 5 Tyndall Avenue, Bristol, BS8 1UD
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GP Teacher Workshops for 2019

Year 1&2 GP Tutors	12th Sept.	Engineers' Hse, Bristol	9.00-15.00
Year 1&2 EC Tutors	17th Sept.	Engineers' Hse, Bristol	9.00-15.00
Year 4 GP Teachers	8th Oct.	Engineers' Hse, Bristol	9.00-17.00
Year 5 GP Teachers	5th Nov.	Engineers' Hse, Bristol	9.00-17.00

To book any of these workshops, please email phc-teaching@bristol.ac.uk.

Do you have 2020 Vision?

MB21 Year 4 will come on stream in 2020. We have been successful in more than doubling students' time in Primary Care. We need you to enthuse the next generation of doctors to become GPs. Come and find out how to be part of this exciting new opportunity for students and practices at our next **Year 4 GP Teacher workshop on 8th October**.



Can anyone be **against empathy**? Read Trevor Thompson's highly commended article to find out more. *see p2*

Back from holiday and **feel refreshed**? How can we **hang on to that sense of well being**? Look for thoughts and suggestions in **Andrew Tresidder's** book

Health and Selfcare for Health professionals. *more on p2*



GP Teachers, have your say!

Opportunity to say what you think our students should be learning and to contribute to future curriculum planning

Thank you to those of you who have already responded

If you haven't done this yet, we would be very grateful if you could take 5 minutes to complete this online questionnaire. <https://www.surveymonkey.co.uk/r/7J6JB2M>

Results will be circulated and fed into developing primary care aspects of our Bristol medical curriculum.

Do get in touch if you would like to learn more. lucy.jenkins@bristol.ac.uk

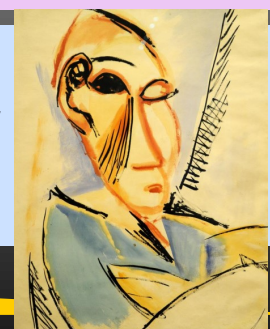
More information about this survey and a Year 4 student quote on p3

The Art of Medicine

Would you like to teach the art of medicine to our bright eyed and bushy tailed 1st Years?

Find out how to get involved

see p4



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Against empathy

This year AMEE, the Association of Medical Education in Europe, announced the winner for its MedEdPublish Best Article Award for 2018-2019 at its conference in Vienna. It also announced the winners of three highly commended articles. **Trevor Thompson's paper titled 'Against empathy'** was one of the **highly commended** published articles. You can read it here <https://www.mededpublish.org/manuscripts/1959>



Health and Self Care for Health Professionals

A light read with a serious message

Written and edited by Dr Andrew Tresidder, GP Health SW Clinical Lead, GP Appraiser, Somerset CCG GP Patient Safety Lead, former UoB GP Academy Lead (Yeovil)

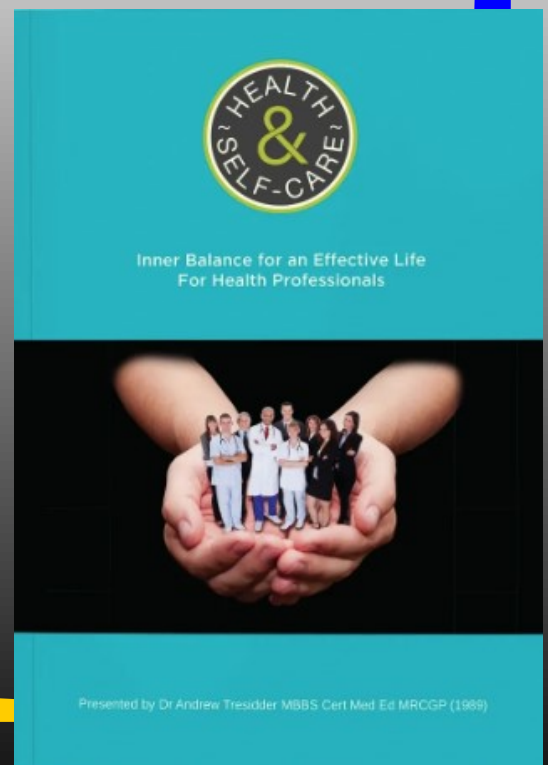
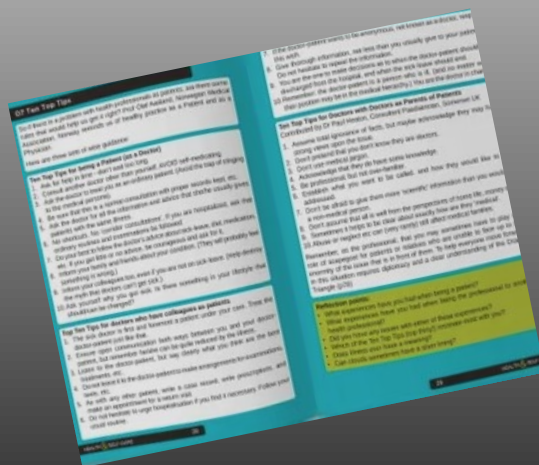
Doctors are lovely people, usually highly intelligent – and trained in 'car crashes'. We aren't trained in vehicle maintenance, wise driving, good navigation, or road design. So when doctors' health suffers – we don't always know how to recover it.

Health and Self Care aims to cover the curriculum gap on the topic of Health, and share common-sense approaches that a number of us have learnt – and wish we'd known thirty years ago

Ask a hundred people how they are – "Fine" is the answer – Denial – ask a hundred doctors how they are – and they can't answer – they're busy looking after patients – Displacement. These two D's may lead to Drink Drugs and Depression, visiting Despair, Distress, Disillusionment and Divorce on the way – all because nobody taught us to use our own oxygen mask first!

HSC includes the Doctor's D's (p8) and a wealth of other material to interest, inform, and stimulate thinking about an essential topic

Free download from www.healthandself.care



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Year 4 student feedback

Very friendly GP tutors as well as nurses and staff. Everyone was very keen to help me get the most out of my experience. The practice manager took the time to teach me to use the computer system. I was able to get lots signed off on my CAPS logbook. The nurse specialists were friendly and knowledgeable and also let me get hands on experience + bloods/spirometry etc.

*The GPs allowed me to run **my own clinic** which has been perhaps the **most valuable experience I've ever had** at medical school and has exponentially improved my consultation skills as well as got me thinking about time management. During these I also felt completely supported by my GP tutors, I think due to the good time management of the practice with GPs given a free slot specifically to review my patients. The addition of a joint observed clinic once a week also meant that I was given enough feedback and teaching to cement my feeling of increased knowledge/skills.*

It would have been nice to know early on what things were available for me to do in mid-afternoon between clinics so that I knew what to actively seek out (i.e. phone calls/visits) - but going for a walk around the village should definitely still be encouraged! Overall a lovely, welcoming practice that will be a highlight of my undergraduate studies.

For suggestions how students can fill any lunchtime or other slot, please see the Year 4 page on our Primary Care website here

<https://www.bristol.ac.uk/primaryhealthcare/teaching/teaching-in-practice-by-year/four/>

Brilliant, more about getting stuck in than learning specific facts, and in doing so I learnt more than in all the other units combined.

Opportunity to say what you think our students should be learning and to contribute to future curriculum planning

Work is ongoing in primary care to address concerns about the declining workforce. One way to address this is trying to guarantee medical students a positive introduction to general practice.

We are asking our students what they expect from primary care teaching; students can give a unique perspective on "curriculum-inaction" and the hidden curriculum. This is part of an innovative study which aims to determine what students themselves believe their learning objectives should be.

We would also like to gain a better understanding of educators' perspectives. It would be really helpful if you could take 5 minutes to complete this online questionnaire.

<https://www.surveymonkey.co.uk/r/7J6JB2M>

Results will be circulated and will feed into developing primary care aspects of the medical school curriculum

Please get in touch if you would like to learn more. lucy.jenkins@bristol.ac.uk

Thank you for your time, Lucy (MB16 Year 4 lead)

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Teaching the 'Art of Medicine'

Would you like to teach the "Art of Medicine" to our bright-eyed and bushy-tailed First Year medical students? If so read on. Each year some GPs have stepped up as tutors for a couple of tutorials (each repeated x2 so a total of x4 tutorials) as part of this.

One of the tutorials is a critical and curious look at the concept of the "Art of Medicine" and involves some philosophy of science (paradigms). The other aims to give an intellectual underpinning to the concept of holism (called "Widening the Circle of Concern").

This is a great opportunity if you:

- enjoy teaching and perhaps don't get much opportunity to engage with students
- are inspired by the arts and humanities and like to see them in a medical curriculum
- need to do a little teaching as part of your job
- would personally like to learn more about the topics (teaching being the best way to....)

We are actively recruiting tutors for the following dates. We have a strong preference for tutors who can offer tutorials on both dates (you'd have the same students). No formal expertise in the medical humanities is required but you'll have a developed interest in areas such as the arts, anthropology, philosophy, history and literature.

Tutorial 1: The Art of Medicine Pablo Picasso "The Medical Student"

12noon to 1pm Monday 4th November

2-3pm Monday 4th November

Corresponding Lecture: 3pm Tuesday 29th October Venue TBC



Tutorial 2: Widening the Circle of Concern

12noon to 1pm Monday 18th November

2-3pm Monday 18th November

Corresponding Lecture: 10am Wed. 11th Nov.
Lecture Theatre L1.4 (St Michael's Hill)

It is not a requirement to attend the corresponding lecture (but if you can it's great). They are available post-delivery on something called "Mediasite" and we will try and get you access. There are other supporting documents but not wishing to overwhelm.

***times** are provisional we may need to ask some volunteers to shift to 11am and/or 3pm tutorials - if this would be a preference let us know.

Your contribution would be *pro bono* - there are no funds set aside for this sort of teaching. It is considered core university business but recruiting tutors with the necessary attributes is not a doddle. Last year x3 GPs signed up.

In short, these tutorials form a unique and well evaluated aspect of the Bristol UG medical curriculum and are good fun to deliver. Please contact me direct asap if interested in signing up or learning more. I can send PowerPoints, tutorial notes etc.

My very good wishes

Trevor

Trevor.thompson@bristol.ac.uk

And don't forget, this counts as CPD for your portfolio