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Primary Health Care
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Teaching Newsletter

Bristol Medical School, 1st Floor, 5 Tyndall Avenue, Bristol, BS8 1UD
Tel: 0117 42 82987 phc-teachingteaching@bristol.ac.uk

A big THANK YOU to our GP teachers

All our year 3 and 4 students have been placed with a GP practice. Many thanks for your fantastic support in these difficult times.



Please welcome our interim Academy GP lead for Bristol

As our North Bristol AGPL is currently on maternity leave and South Bristol hadn't appointed a new AGPL, an interim post to cover both academies was created. Please welcome **Kayo Forster** to this role.

I am Kayo Forster, a Salaried GP in Bristol. I have recently been appointed into the role of Academy GP Lead for both North and South Bristol Academy. I see this role as an excellent opportunity to develop in undergraduate medical education and I'm attracted to the opportunity of adding variety into my working week! I look forward to assisting in the recruitment of practices and hope to form great and lasting relationships with local practices and their GP teachers. I'll be here to help with any practical issues arising from medical student teaching as well as general trouble shooting so please do get in touch even if just to say hello! I will also be supporting the North and South undergraduate medical education team with the organisation and delivery of the certain aspects of the undergraduate course, so you may be hearing from me shortly with regards to this also. Needless to say I'm excited for the year ahead! Kayo.forster@bristol.ac.uk

Elective offers for spring 21 please

Some Bristol students would like to spend their elective in a GP practice in the Bristol area. Are you that practice? Do you have space for a freshly minted almost qualified doctor? Do you have a special project you want completing? Please email phc-teaching@bristol.ac.uk

Professional Mentors

Since January 2012 we have set up a system of mentors to nurture the professional and career development of undergraduate medical students within Bristol University. Many GPs are already mentors in this scheme. We ask that each Professional Mentor looks after 5 students. It is expected that they will see you three times a year.

This scheme is intended to achieve the following:

- Give recognition to the professional status of students from year 1 as "doctors of the future". As the students mature they would progress to "doctors in waiting".
- To help students establish their professional identity, providing feedback and creating a roadmap for medical training throughout the 5 years of the undergraduate curriculum, linking with the Foundation Programme and further post-graduate training.
- To encourage an ongoing student generated, record of academic achievements
- To guide professional and career decision making, support professional progress and F1 applications

If you would like to know more, please email Chris Cooper at chris.cooper@bristol.ac.uk

Bonus: academic mentors can have Associate Status at the University.

Jane Williams Professional Mentor Lead

De-prescribing

Would you like to take part in a qualitative Bristol research study?

Please go to page 2 for more information and contact details

We are recruiting GPs for a qualitative interview study



We would like to hear what GPs think about the potential role and utility of an informatics tool providing information related to the benefits and harms of deprescribing in people with limited life expectancy in general practice

BACKGROUND TO THE STUDY

Polypharmacy (prescribing multiple medicines to one person) is a widespread, growing challenge for health services. Many of the medicines associated with polypharmacy have long-term benefits. Patients with limited life expectancy (i.e. with chronic illness in the last year or two of life) may not live long enough to benefit fully.

In such situations deprescribing (the supervised withdrawal and/or reduction of medicines) may be appropriate. Evidence is lacking, however, that stopping long-term medicines in these situations is safe and acceptable.

Researchers from the University of Bristol have designed a programme of research to provide evidence for the safe and acceptable reduction of long-term medicines in people with limited life expectancy. A key output of the proposed programme of work includes the development of an evidence-based, point-of-care informatics tool and e-learning resource to translate evidence into clinical practice.

Before we proceed with the larger programme of work, we need to know if the proposed outputs are relevant and applicable to real-world clinical practice, and if they are likely to be used by clinicians to support personalised and informed shared decision making with patients around the deprescribing of long-term medicines.

WHAT DOES THE STUDY INVOLVE?

GPs from practices within the Bristol, North Somerset and South Gloucestershire CCG are invited to take part in one, face-to-face, 30-minute audio-recorded interview with a researcher.

Interviews will be conducted remotely via MS Teams, a secure online platform which allows screen sharing of documents. A payment of £40 is available for each interview to reimburse practices for time.

If you would like to volunteer to take part or require further information, please contact Dr Debbie McCahon on 0117 331 3901 (deborah.mccahon@bristol.ac.uk)